

Better Care for People with Bipolar Disorder: PARADES event

Thursday 4th December 2014 | Nottingham Forest City Ground

Programme

Master of Ceremonies: Professor Mike Cooke CBE, Former Chief Executive – Nottinghamshire Healthcare

09:45 – 10:00	Registration / Tea & Coffee	
10:00 – 10:05	Welcome and Introduction	Richard Morriss , Professor of Psychiatry, University of Nottingham & Director of Research, CLAHRC East Midlands
10:05 – 10:20	Overview of the PARADES Research Programme and Feedback	Lisa Riste , PARADES Bipolar Research Programme Manager, University of Manchester and Manchester Mental Health & Social Care NHS Trust
10:20 – 10:40	The Role of the Mental Capacity Act in Bipolar Disorder: Current Status and Booklet for Improved Care	Peter Bartlett , Professor of Law, University of Nottingham
10:40 – 11:00	Management of Co-morbid Anxiety in Bipolar Disorder: A New Psychological Approach	Steve Jones , Professor of Clinical Psychology & Co-director, Lancaster University Spectrum Centre for Mental Health
11:00 – 11:15	Break	
11:15 – 11:35	Suicide and Self-harm in People with Bipolar Disorder: Lessons to be Learnt	Navneet Kapur , Professor of Psychiatry & Head of Research, University of Manchester Centre for Suicide Prevention
11:35 – 11:55	High Co-morbid Alcohol Use in Bipolar Disorder: Clinical Possibilities	Steve Jones , Professor of Clinical Psychology & Co-director, Lancaster University Spectrum Centre for Mental Health
11:55 – 12:20	Group Psychoeducation for Bipolar Disorder: Clinical and Cost-effectiveness	Richard Morriss and Fiona Lobban , Professor of Clinical Psychology & Co-director, Lancaster University Spectrum Centre for Mental Health
12:20 – 13:05	Lunch	
13:05 – 13:50	Workshop 1*	
13:55 – 14:40	Workshop 2*	
14:40 – 14:55	Break	
14:55 – 15:25	New NICE Guideline for Bipolar Disorder: What is New in the National Guideline?	Richard Morriss and Steve Jones
15:25 – 15:55	Panel Discussion	Richard Morriss , Professor of Psychiatry and Director of Research – University of Nottingham and CLAHRC East Midlands Director of Research Fiona Cooper , National Development Manager – Bipolar UK Mike Cooke CBE , Former Chief Executive – Nottinghamshire Healthcare Nicola Oliver , Service User Representative and IPS Coordinator – Centre for Mental Health David Sharp , Director – Leicestershire and Lincolnshire Local Area Team, NHS England
15:55 – 16:00	Close	

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***Attendees will have the choice of two of the following workshops to attend during the afternoon:**

Workshop A	<p>Running group psychoeducation in the NHS: application of research into practice Kathryn Reeveley, Project Manager and Lead Therapist - Gedling Community Mental Health Team and Nottingham Psychotherapy Unit Steve Kendall, Service User Facilitator – PARADES Research Programme</p>
Workshop B	<p>Practical experiences of running group psychoeducation Richard Morriss, Professor of Psychiatry and Director of Research –University of Nottingham and CLAHRC East Midlands Fiona Cooper, National Development Manager – Bipolar UK Mike Cooke CBE, Chief Executive (retired) – Nottinghamshire Healthcare NHS Trust Nicola Oliver, Service User Representative and IPS Coordinator – Centre for Mental Health David Sharp, Director – Leicestershire and Lincolnshire Local Area Team, NHS England Rita Long, Service User Facilitators – PARADES Research Programme</p>
Workshop C	<p>Practical steps to using the Mental Capacity Act Mohan Mudigonda, GP Practice Manager – Postdoctoral Researcher in Mental Capacity and Bipolar Disorder – Nottinghamshire Healthcare Peter Bartlett, Professor of Law – University of Nottingham</p>
Workshop D	<p>Impulsivity in bipolar disorder: lessons for risk assessment Karthik Thangavelu, Consultant Adult General Psychiatrist – Nottinghamshire Healthcare</p>

